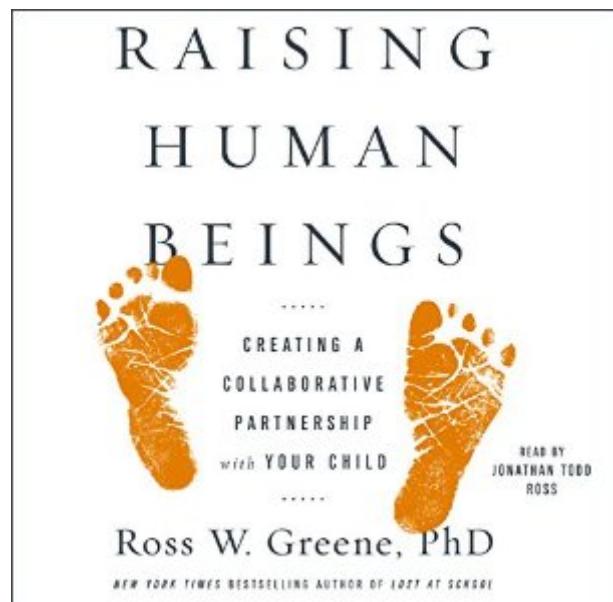


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Raising Human Beings: Creating A Collaborative Partnership With Your Child



Synopsis

In *Raising Human Beings*, the renowned child psychologist and New York Times best-selling author of *Lost at School* and *The Explosive Child* explains how to cultivate a better parent-child relationship while also nurturing empathy, honesty, resilience, and independence. Parents have an important task: figure out who their child is - his or her skills, preferences, beliefs, values, personality traits, goals, and direction - get comfortable with it, and then help him or her pursue and live a life that is congruent with it. But parents also want to have influence. They want their kid to be independent, but not if he or she is going to make bad choices. They don't want to be harsh and rigid, but nor do they want a noncompliant, disrespectful kid. They want to avoid being too pushy and overbearing, but not if an unmotivated, apathetic kid is what they have to show for it. They want to have a good relationship with their kids, but not if that means being a pushover. They don't want to scream, but they do want to be heard. Good parenting is about striking the balance between a child's characteristics and a parent's desire to have influence. Now Dr. Ross Greene offers a detailed and practical guide for raising kids in a way that enhances relationships, improves communication, and helps kids learn how to resolve disagreements without conflict. Through his well-known model of solving problems collaboratively, parents can forgo time-out and sticker charts; stop badgering, berating, threatening, and punishing; allow their kids to feel heard and validated; and have influence. From homework to hygiene, curfews to screen time, *Raising Human Beings* arms parents with the tools they need to raise kids in ways that are nonpunitive and nonadversarial and that brings out the best in both parent and child.

Book Information

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Customer Reviews

I highly recommend this book. It would make a great gift for parents with children of any age – but the younger the better. It's easier to instill a sound pattern of parenting when the kids are young; although, this book does offer excellent examples of changing parental styles even when the kids are teenagers. Over the years, I've read quite a few parenting books, and one of the things I've learned is: you do not have to agree with every single bit of advice offered within the pages. Take what works for you and apply it to your situation. Ross W. Greene, PhD, has taken experiences from his twenty-five years of being a clinical psychologist and organized his advice in a very easy-to-read format. Instead of compiling pages and pages of never-ending advice and examples all in the same font and line spacing, the author (and editor and publisher, I assume) diversified the text. There are paragraphs where straight information is delivered, there are case studies presented in stories, there are Q&A sections, and there are plenty of subtitles to help keep you engaged with the book. While most of the writing is excellent, Greene does like to start sentences with the word ‘œbut’ and he loves his creative dialogue tags such as hissed, mumbled, grumbled, and protested. None of which actually took away from the overall content, but it was distracting to me. While I loved and agreed with much of Greene's advice, I will tell you that I let my babies cry themselves to sleep in their cribs. After reading this book, if I had to do all over again, I would still let my babies cry themselves to sleep. And yet, I am certainly one to advocate parents considering alternatives to figure out what works best for them.

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